

The Air Cadet Experience

What can I do in the Air Cadets?

Many cadet activities are available to all ages but some have age restrictions.

The details below highlight which activities are available to cadets at what age but for more information speak to your staff.

Age 12 +	Age 13 +	Age 14+	Age 15+	Age 16+	Age 17+	Age 18+
Cadet Syllabus of Training	Blue Wings Aviation Training Package	L98A2 GP Rifle Shooting	HQAC Sponsored Overseas Camps	BTEC in Aviation Studies	Junior Leaders Course	Air Cadet Pilot Navigation Training Scheme
Cadet H&S Entry Level Award	Duke of Edinburgh's Award	L81A2 Cadet Target Rifle Shooting	Glider Training Bronze Wings	ACO Methods of Instruction Course	International Air Cadet Exchange	Air Cadet Air Experience Flying Course
Cadet Aviation Familiarisation Course		Rugby		BTEC in Teamwork and Personal Development		Risk Assessor Course
HeartStart		Football		BTEC Music		H&S Volunteer Tutor
Youth First Aid		RIAT Camp		Air Cadet Leadership Course		Staff Cadet
Radio Comms				Air Cadet Pilot Scheme		Cadet Warrant Officer
Cyber Briefing				Gliding Training Silver Wings		Adventure Training Instructor Qualifications
Air Rifle Shooting				Activity First Aid		Range of Adult Courses
Small Bore Shooting				Sports Leader Award		
UK Camps				Elementary Coaching Course		
Swimming				Corps Coaching Course		
Netball				LSW Shooting		
Hockey				Look at Life Course		
Cross Country				Personal Development Course		
Athletics				Parachuting Course		
Canoeing				Gold Cyber Award		
Climbing				Nijmegen		
Mountain Biking						

Cadets are eligible to take part in all activities relevant to their age AND the preceding columns i.e. a 14yr old can take part in the activities within the 12+, 13+ and 14+ activities not just the 14+ column.

