



# Ten Tors 2023







## ROYAL CORNWALL SHOW

Our activity in focus this month is The Royal Cornwall Show which takes place each June.

The Royal Cornwall Show is the largest agricultural show in the county and is held at the Royal Cornwall Showground near Wadebridge consisting of trade displays and showground events.

Following the end of the RAF St Mawgan Air Shows, as part of the Royal Air Force St Mawgan community engagement staff

from the station assisted by staff and cadets from the Wing create a RAF Village at the show consisting of a series of marquees. Cadets also support the show organisers in the main showground including the replacement of fences in the horse jumping course, these duties are physically demanding which means this part of the activity is most suited to older cadets who are physically fit.

Other cadets are assigned duties in the Wing part of the RAF Village to engage with the public, answering any questions they may have. The cadets get plenty of free time which allows them to explore the show as well as meet with RAF teams including the RAF Falcons Parachute Display Team.

Applications for places at the Royal Cornwall Show are currently open. See the cadets should see their Cadet Portal for details or speak to their squadron staff.







## WHAT'S BEEN HAPPENING

### Ten Tors 2023

After months of training, in a break with tradition this years Ten Tors event was held in April and not May to avoid confliction with the coronation of King Charles III.

Training for the event started with theory covering safety before moving onto walks on the moors with increasing distances and supervision of the groups becoming more distant.







### Ten Tors 2023 continued

After scrutineering on the Friday, Saturday saw 2400 teenagers in 400 teams set off from Okehampton Battle Camp across the northern section of Dartmoor on 35,45 and 55 mile routes visiting ten tors in the process.

Of the 90 RAF Air Cadets who undertook this years event 30 cadets were from Plymouth & Cornwall Wing with the only 55 mile RAFAC team which was managed by Flight Sergeant Andy Turner of 2309 (City of Plymouth) Squadron. The Wing also had teams covering 45 mile and 35 mile routes.

In accordance with the rules of the event for safety teams are not allowed to travel in the dark, so camp on the moor, with most up at dawn ready to complete the challenge.







## WHAT'S BEEN HAPPENING

### Ten Tors 2023 continued

The Wing teams started to cross the finish line shortly after 1pm on the Sunday some 30 hours after setting off.

This year every cadet from the Wing teams completed their routes and were awarded a Challenge medallion in recognition of their achievement. Congratulations to all the cadets who took part in the training and the event.







## Fieldcraft Taster Day

The Wing Fieldcraft Team led by Squadron Leader Garlick, the Wing Fieldcraft Officer, held a Fieldcraft Taster day at RAF St Mawgan with the aim of introducing fieldcraft principles to those who had little or no fieldcraft experience .

The day included instruction in building of shelters, movement and field cooking







## WHAT'S BEEN HAPPENING CONTINUED

### 1900 Squadron Host First Aid Course

The first weekend of April saw 1900 (West Cornwall) Squadron, supported by 77 (Redruth) Squadron, host a First Aid course for cadets in West Cornwall Sector & two Combined Cadet Force (RAF) units.

The weekend had a tight schedule covering all 25 subjects including bleeding, breathing, chest pains, CPR and the recovery position equipping cadets to be confident to be able to deal with a variety of medical Emergencies until the arrival of qualified medics.



The qualifications lasts 3 years & allows the cadets to go on to higher level of qualification covering first aid in greater detail.

A number of cadets on the course were successful in attaining their Bronze First Aid badge, further courses will be run at Squadron, Sector and Wing levels.





## WHAT'S BEEN HAPPENING

### 2 Day Camp

Cadets and staff have attended a 2 day camp at RAF St Mawgan organised by 1876 (Kingsbridge) Squadron which included orienteering, climbing, leadership challenges, STEM (Science, Technology, Engineering & Maths) activities, but the highlight for many was a visit to a local water park where they undertook a number of team building activities.







## WHAT'S BEEN HAPPENING

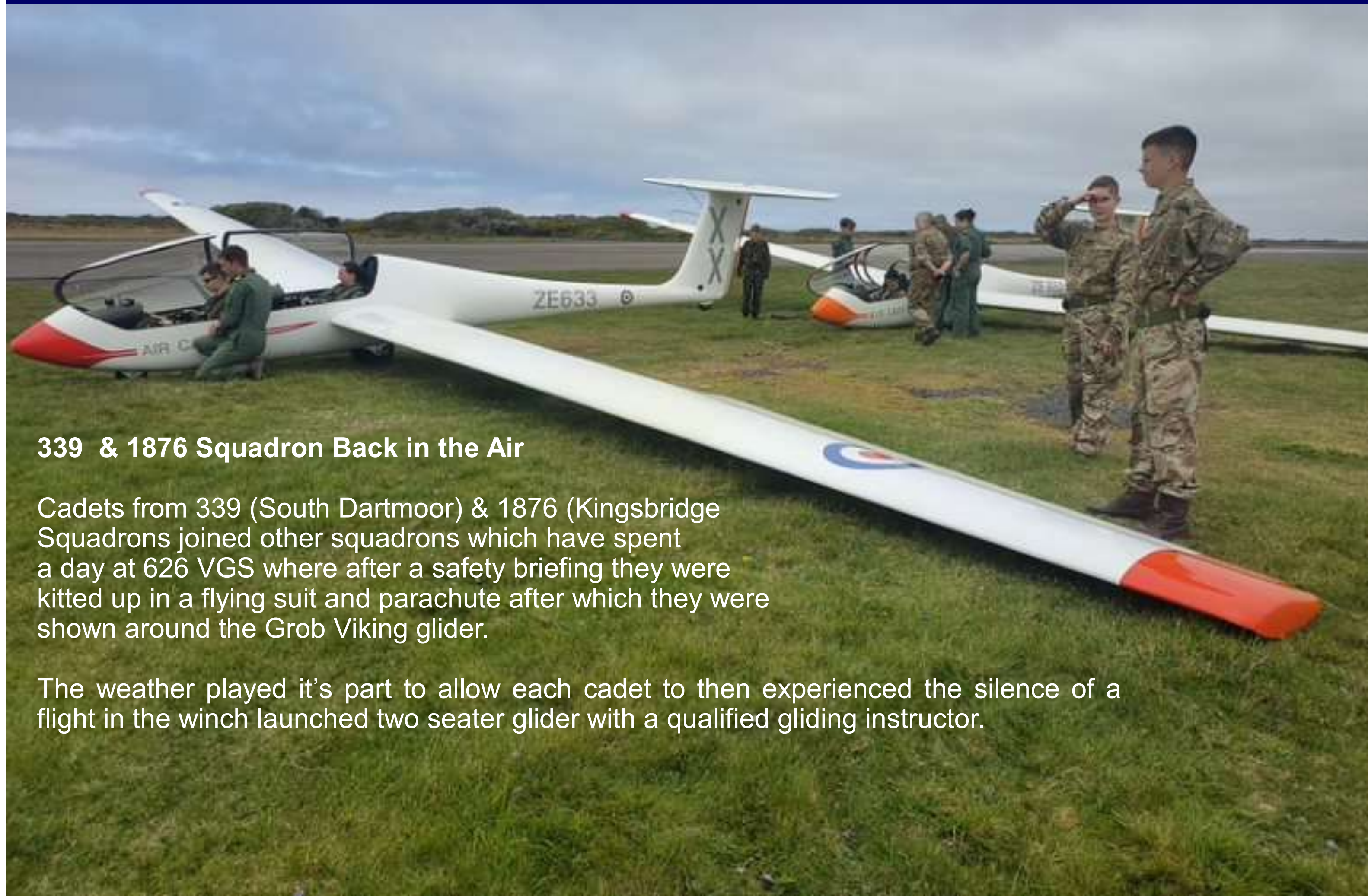
### Cadets Visit Spaceport Cornwall

Cadets and staff from several squadrons have had an opportunity to visit the UK's first and only spaceport which is based at Newquay Airport. During the visits to Spaceport Cornwall, which was organised by the Wing Executive Officer, the cadets and staff were given a guided tour around the centre which saw the attempt by Virgin Orbit to launch nine satellites using a rocket launched from a modified Boeing 747 aircraft named Cosmic Girl.

While the mission was unsuccessful and there are questions regarding Virgin Orbit the spaceport is very much open and ready for new business.







### 339 & 1876 Squadron Back in the Air

Cadets from 339 (South Dartmoor) & 1876 (Kingsbridge Squadrons) joined other squadrons which have spent a day at 626 VGS where after a safety briefing they were kitted up in a flying suit and parachute after which they were shown around the Grob Viking glider.

The weather played its part to allow each cadet to then experience the silence of a flight in the winch launched two seater glider with a qualified gliding instructor.





## WING UPDATES



### Appointments

Congratulations to Chloe Taylor of 77 (Redruth) Squadron who has successfully passed her commissioning board and has been appointed as Acting Pilot Officer.

April marked 10 years of APO Taylor's involvement in the RAF Air Cadets, primarily with 77 (Redruth) Squadron.

APO Taylor will attend RAF College Cranwell to complete a Combined Initial Course which will equip her with the required knowledge and skills to execute her duties as a commissioned officer.

In Memoriam  
*never forgotten*



This month we learned of the untimely passing of Civilian Instructor Silvia Hemsil who passed away peacefully in her sleep.

CI Hemsil was the much loved wife of Squadron Leader Kevin Hemsil and well respected member of the Wing.

Our thoughts and condolences remain with Squadron Leader Hemsil, his families and friends.





## UPCOMING WING ACTIVITIES

Below are some dates for your diary:

07-May — L98A2 & L81A2 LFMT  
12-14-May — L98 IWT & LFMT  
26-28-May — Cadet Drill Course  
30-31-May — DCCT  
03-Jun — Road Marching Training  
03-Jun — Method of Instruction Course  
07-10-Jun — Royal Cornwall Show  
18-Jun — Wing Athletics

24-Jun — Armed Forces Day  
07-Jul — Multi Sports Activity Day  
08-15-Jul — Exercise Pagan Warrior  
13-18-Jul — RIAT Camp  
14-16-Jul — L98 IWT & LFMT  
29-31-Jul — DofE Expeditions

05-12-Aug — AT Camp—Fairborne  
19-26-Aug — AT Camp—Windermere

## USEFUL INFORMATION

All enquiries should be initially made through  
Squadron staff.

Contacting Wing Headquarters  
Email General Enquiries:  
RAFAC-WHQ-AllUsers-PlymCornwall@mod.gov.uk

Website: [www.pcw-aircadets.co.uk](http://www.pcw-aircadets.co.uk)  
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## IN NEXT MONTHS PCW e-NEWS

In month's edition of PCW e-News we will be looking at Fieldcraft including the forthcoming Exercise Pagan Warrior as well as reviewing the activities and events which have occurred in through April.