

## ANNEX B – MANDATORY CLOTHING AND EQUIPMENT revised 03 Oct 22

1. The following items must be carried throughout the Ten Tors Challenge (TTC), Jubilee Challenge (JC) and Jubilee Challenge + Pilot (JC+).
2. The items and quantities listed are the **minimum** required – more may be necessary to ensure individuals are suitably equipped to complete their Challenge even in adverse conditions. Notwithstanding compliance with this list, the organisers may Crash Out participants from a Challenge before or after its start if they consider them to be unsuitably clothed or equipped to complete it in the forecast conditions.
3. An asterisk (\*) indicates that the item will be issued during Registration in Okehampton Camp.

Items required per Individual					
Category	Item	Quantity			Remarks
		TTC	JC	JC+ Pilot	
<b>Safety</b>	Wrist band *	1	1	1	Insert to be printed by establishment, wrist band issued at Registration.
	Whistle	1	1	1	
	Survival bag	1		1	
	Torch	1	1	1	For JC, torch to be carried by an accompanying adult.
	Personal medication	As required			Location to be known to all in Team (TTC) or by Walking Group Leader (JC & (JC+)).
	Sun Cream	1	1	1	
<b>Load carriage</b>	Rucksack	1	1	1	
<b>Clothes</b>	Base layer	2	1	2	When not being worn to be packed in waterproof bag(s) within the rucksack.
	Intermediate layer	2	1	2	
	Insulation layer	1	1	1	
	Socks, pair	2	2	2	
	Trousers	2	1	2	Must completely cover lower limbs to provide protection against sun and insects.
	Waterproof clothing	1	1	1	Jacket and trousers, good quality to cope with Dartmoor weather.
	Gloves, pair	1	1	1	
	Hat	1	1	1	Suitable for all possible weather conditions.
	Boots, pair	1	1	1	Consider use of gaiters to keep feet dry.
<b>Rations</b>	Rations	4 meals	1 meal	1 meal	Sufficient to provide TT participants with 1 breakfast, 2 lunches and a hot evening meal. JC+ evening and breakfast meal will be provided at the campsite by establishment support staff.

	Emergency rations	1	1	1	High energy foodstuffs to be clearly marked and in sealed bag.
	Water	1 ltr	1 ltr	1 ltr	Minimum of 1 ltr in suitable robust container(s). Additional container(s) may be required to facilitate an effective water sterilisation protocol.
<b>Sleeping system</b>	Sleeping mat	1	N/A	1	JC+ either carried or transported to campsite by establishment support staff.
	Sleeping bag	1	N/A	1	Must be stowed in a waterproof bag and provide thermal support for the user down to a lower limit temperature of – 2C (ISO 23537). JC+ either carried or transported to campsite by establishment support staff.
<b>The items below are required per team</b>					
<b>Safety</b>	Map	1	1	1	Ten Tors 2023 map waterproofed or stored in a waterproof case.
	Compass	2	1	1	
	Watch	2	1	1	
	First aid pack	2	2	2	To include: Zinc oxide tape, plasters, wound dressing, gauze dressing, gloves, triangular bandage, cleansing wipes, tick remover.
	Control Card	1	1	1	To be printed by TM from the website prior to the event onto waterproof paper in A4.
	Pink Card	2	2	2	To be printed from the website prior to the event onto waterproof paper or laminated in A5.
	Hi viz vest	2	1	1	For use in emergency or when crossing roads; reflective bands are not sufficient.
	Mobile phone & bag	1	1	1	For emergency use only. To be carried by Deputy Team Leader (TTC) or by Walking Group Leader (JC & JC+). Mobile phone to be sealed in a waterproof non see through bag by TM.
	Tracker*	1	1	1	To be stowed clear of metal objects inside the top of the Team Leader's rucksack (TTC), or by the Walking Group Leader (JC & JC+).
	Team tent ID Panels	2	N/A	1	With cable ties. To be positioned to be visible to aircraft <b>and</b> ground observers. 35m and JC+ teams only, to be printed by TM from the website prior to the event onto waterproof paper or laminated in A5.
Notebook	1	N/A	1	A pencil is also required.	
<b>Camping</b>	Tent	2	N/A	1	Sufficient tentage for all of team e.g. sleeping for 6 (TTC). Will be transported to the campsite by establishment support staff (JC+).
	Cooking equipment	2	N/A	N/A	Stove, fuel, utensils, ignition etc (TTC). Cooking equipment will be transported to the campsite by establishment support staff (JC+).
	Trowel	1	1	1	For digging toilet scrapes. Toilet roll is recommended.
	Water sterilisation	2	N/A	1	It is essential that all participants carry equipment and /or tablets to sterilise sufficient water for their needs. Carrying individual purifying equipment ensures provision to make water if team members fall out.
	Rubbish bag *	1	1	1	